

Center for Multicultural Development California Institute for Mental Health

January 22, 2014

Greetings from the California Mental Health & Spirituality Initiative -

We are pleased to announce that we are expanding the Statewide Steering Committee for the California Mental Health and Spiritually Initiative. The initiative is a grass roots effort formed in 2006 with the intention to unite diverse individuals in the commitment to expand the role of spirituality in mental health wellness and recovery in the public/private mental health system.

We are proud to acknowledge that we have made significant strides through the Initiative. We have accomplished:

- Two statewide conferences attended by 1,100 people
- The first statewide survey of Mental Health Directors, consumers and families on the significance of spirituality in mental wellness and mental health recovery
- Publishing a full report of findings which have national significance and were presented at statewide and national conferences
- Established and maintain a web site with a wide array of print, audio, and video resources on mental health recovery and spiritually
- Several web casts on the subjects related to mental health recovery and spiritually
- Offering high-quality and recovery-oriented training for mental health providers, faith communities, and consumers & family members that can be customized to meet local needs
- Established a statewide stakeholders group with county liaisons which meets monthly to drive the work of the initiative

There is much work ahead and therefore, we would like to recruit new members to join us. We are seeking to expand our ethnic and cultural diversity as well as geographic representation across the state. We are looking for members with any of the following qualifications:

- Passion and commitment for this cause
- Lived experience as a client/consumer of public mental health services
- Lived experience as a family member

> Superior, Rural and Small County Region representation

The application for membership to the California Mental Health and Spiritually Initiative Steering Committee is enclosed. If you have a passion for this field and would like to work to expand the role of spirituality in mental health recovery, resiliency and wellness, *please complete and submit the application by post mail, fax or email to Camile Duria:*

Camile Duria 2125 19th Street, 2nd Floor Sacramento, CA 95818 Tel: (916) 379-5328

Fax: (916) 556-3483 cduria@cimh.org

You are welcome to forward this letter and the enclosed application form to anyone else who may be interested.

Respectfully Yours, The CMHSI Steering Committee Membership Committee



Center for Multicultural Development California Institute for Mental Health

California Mental Health and Spirituality Initiative

Application to be considered as a 2009 Statewide Steering Committee member for the California Mental Health and Spirituality Initiative

NAME:	TITLE:		
ORGANIZATION:			
ADDRESS:			
CITY:STATE:ZIP CODE:			
TELEPHONE:FA	X:		
EMAIL:COUNTY C	OF RESIDENCE:		
Experience working with/representing the following	Your Gender (optional):		
communities/populations (check all that apply): □ Faith-based or practice-based spiritual	☐ Male☐ Female☐ Other (please indicate)		
communities ☐ Consumers of mental health services ☐ Family members of consumers ☐ County or state mental health agency ☐ Community-based provider of mental health services	Affiliations (check all that apply): Your Personal Religious or Spiritual Practice:		
Your Racial/Ethnic Identification (check all that apply):	☐ Name of the Faith-based/Practice Based Religious Organization in which you participated in:		
☐ African American ☐ Pacific Islander ☐ Latino/Hispanic ☐ Asian ☐ American Indian/Native American/Alaska Native ☐ Middle Eastern/ Eastern European ☐ White/Caucasian ☐ Biracial ☐ Other	□ Lay leader, chaplain, spiritual leader/elder, pastor, or congregation leaders □ Consumer □ Family Member □ Mental Health Board/Commission Member □ Consumer Advocate and/or Family Advocate □ County MH Manager or Administrator □ County Direct Service Provider or County MH Therapist		
All meetings and communication are conducted in English (please indicate):	 □ CiMH Board Member □ Health Policy/Advocacy Organization □ Mental Health Contractor/Community-Based 		
☐ Languages spoken (other than English):	Provider ☐ Grassroots Community Organizer ☐ Research/Academia ☐ Other		

Thank you for your interest in serving on the Steering Committee of the California Mental Health and Spirituality Initiative. To help us better understand your relevant experiences; please provide responses to the following items using no more than 2 typed or handwritten pages:

Please briefly describe your work, community and/or personal experience related to spirituality and mental health:

- 1. Please explain why you have a desire to become a Steering Committee member of the California Mental Health and Spiritual Initiative.
- 2. Please describe your personal experience pertaining to spirituality and mental health.
- 3. Please describe the personal, professional, and other attributes you would bring to the Steering Committee.
- 4. Please describe your personal, advocacy, professional, and/or research experiences promoting spirituality and mental health. Include voluntary experience on advisory committees and other groups.
- 5. Please list relevant organization membership and affiliations, including faith organizations and consumer/family/recovery groups.
- 6. Are there other things and/or experiences you would like to share about yourself? Please do so.

Please provide two references including name, organization, relationship to you, and daytime telephone number and/or e-mails.

Name	Organization	Relationship	Telephone Number & e-mail address

Please complete the form and return to:

Camile Duria, Center for Multicultural Development, California Institute or Mental Health, 2125 19th Street, 2nd Floor, Sacramento, CA 95818, Phone 916-379-5329, Fax (916) 556-3483, Email cduria@cimh.org.

For questions please contact Camile Duria or Monique Tarver at 510-552-5284 or moniquetarver@yahoo.com.

Thank you for your commitment to mental health & spirituality!